

# Analysis of Split-Plot / Repeated Measures Designs

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## Summary

Split-plot designs in agriculture, also called repeated measures designs in other disciplines, are characterized by having treatments randomly assigned in *differently sized experimental units*. This note builds up the split-plot design and analysis starting with the paired *t*-test, and showing the relation with randomized complete block designs (RCB). We also show R code useful in performing the analysis

## Paired *t*-test

Suppose we have 20 subjects, each treated with “A” and “B”, independently, to left and right sides of their body (e.g., to their ears). We assume random assignment of treatment to left/right side.

For treatment “A” we observe

```
[1] 78.04663 101.31718 99.64849 113.11044 128.81602 111.99808 94.21503
[8] 127.40002 120.01163 89.20466 102.24282 100.29838 80.94072 106.66220
[15] 82.03891 92.58303 97.70150 117.64467 143.19236 125.18019
```

and for “B” for the same subjects

```
[1] 86.71073 114.02964 108.85856 122.88292 140.97127 114.28859 109.10115
[8] 131.03462 126.57009 94.69270 111.53536 99.13773 94.25874 107.64587
[15] 95.73387 102.30761 104.77701 126.66449 148.77435 130.92348
```

The usual independent sample *t*-test and paired-*t*-test results in the following output.

```
> t.test(A <- Ymat[, 1], B <- Ymat[, 2])

Welch Two Sample t-test

data:  A <- Ymat[, 1] and B <- Ymat[, 2]
t = -1.4614, df = 37.883, p-value = 0.1521
alternative hypothesis: true difference in means is not equal to 0
95 percent confidence interval:
 -18.921190  3.056607
sample estimates:
mean of x mean of y
 105.6126  113.5449

> t.test(A <- Ymat[, 1], B <- Ymat[, 2], paired = T)
```

### Paired t-test

```
data: A <- Ymat[, 1] and B <- Ymat[, 2]
t = -8.1133, df = 19, p-value = 1.359e-07
alternative hypothesis: true difference in means is not equal to 0
95 percent confidence interval:
 -9.978610 -5.885973
sample estimates:
mean of the differences
      -7.932292
```

## Randomized Complete Block

Equivalently, we can analyze these data as a RCB, with subjects as “blocks”.

```
> library(nlme)
> options(contrasts = c("contr.sum", "contr.poly"))
> anova(lme(Y ~ treat, random = ~1 | subject.id))
```

	numDF	denDF	F-value	p-value
(Intercept)	1	19	828.6219	<.0001
treat	1	19	65.8263	<.0001

```
> summary(lme(Y ~ treat, random = ~1 | subject.id))
```

Linear mixed-effects model fit by REML

Data: NULL

AIC	BIC	logLik
286.9943	293.5446	-139.4972

Random effects:

Formula: ~1 | subject.id  
(Intercept) Residual

StdDev: 16.88311 3.091712

Fixed effects: Y ~ treat

	Value	Std.Error	DF	t-value	p-value
(Intercept)	109.57879	3.806697	19	28.785793	0
treat1	-3.96615	0.488843	19	-8.113338	0

Correlation:

(Intr)

treat1 0

Standardized Within-Group Residuals:

Min	Q1	Med	Q3	Max
-1.5231308	-0.3882613	-0.0677661	0.4829766	1.4179390

Number of Observations: 40

Number of Groups: 20

Thus, we see that squaring the  $t$  statistic from the paired test yields the  $F$  statistic from the RCB  
What if we treat blocks as fixed?

```
> anova(lm(Y ~ subject.id + treat))
```

Analysis of Variance Table

Response: Y

	Df	Sum Sq	Mean Sq	F value	Pr(>F)
subject.id	19	11013.1	579.64	60.640	4.141e-13 ***
treat	1	629.2	629.21	65.826	1.359e-07 ***
Residuals	19	181.6	9.56		

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

```
> summary(lm(Y ~ subject.id + treat))
```

Call:

```
lm(formula = Y ~ subject.id + treat)
```

Residuals:

Min	1Q	Median	3Q	Max
-4.546	-1.187	0.000	1.187	4.546

Coefficients:

	Estimate	Std. Error	t value	Pr(> t )
(Intercept)	109.5788	0.4888	224.160	< 2e-16 ***
subject.id1	-27.2001	2.1308	-12.765	9.06e-11 ***
subject.id2	-1.9054	2.1308	-0.894	0.382400
subject.id3	-5.3253	2.1308	-2.499	0.021778 *
subject.id4	8.4179	2.1308	3.951	0.000858 ***
subject.id5	25.3148	2.1308	11.880	3.07e-10 ***
subject.id6	3.5645	2.1308	1.673	0.110742
subject.id7	-7.9207	2.1308	-3.717	0.001461 **
subject.id8	19.6385	2.1308	9.216	1.93e-08 ***
subject.id9	13.7121	2.1308	6.435	3.61e-06 ***
subject.id10	-17.6301	2.1308	-8.274	1.01e-07 ***
subject.id11	-2.6897	2.1308	-1.262	0.222120
subject.id12	-9.8607	2.1308	-4.628	0.000184 ***
subject.id13	-21.9791	2.1308	-10.315	3.19e-09 ***
subject.id14	-2.4248	2.1308	-1.138	0.269289
subject.id15	-20.6924	2.1308	-9.711	8.42e-09 ***
subject.id16	-12.1335	2.1308	-5.694	1.73e-05 ***
subject.id17	-8.3395	2.1308	-3.914	0.000933 ***
subject.id18	12.5758	2.1308	5.902	1.11e-05 ***
subject.id19	36.4046	2.1308	17.085	5.47e-13 ***
treat1	-3.9661	0.4888	-8.113	1.36e-07 ***

---

Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.01 '\*' 0.05 '.' 0.1 ' ' 1

Residual standard error: 3.092 on 19 degrees of freedom  
Multiple R-squared: 0.9846, Adjusted R-squared: 0.9685  
F-statistic: 60.9 on 20 and 19 DF, p-value: 3.506e-13

## Paired *t*-test with Groups

Now, suppose that the subjects from the analysis above may be segregated into two groups, say “M” and “F”. Ideally, we would like to randomly assign “M” and “F” treatments to subjects. However, this is dependent on the experimental context.

How should we evaluate group (M/F) differences, and group-by-treatment (A/B) interaction?

## Split-Plot Design

This is an example of a split plot design. We have an RCB, with subjects as “blocks”; treatment (A/B) as a “within-subject” factor (also called the split-plot factor), and group as a “between-subject” factor (whole plot factor).

A complicating issue is that the experimental units (EUs) differ in size for between and within group factors. The EU for group is subject, while the EU for treatment is ear-within-subject. The different sized EUs suggest different variances for hypothesis testing.

### Degrees of Freedom Partitioning

Source	df	SS	MS	F	p
mean	1				
group	1				
subject	18				
treat	1				
group * treat	1				
residual	18				

To specify the model, we have group and treat as fixed effects, and subject.id as a random effect. Further, we specify that treatment experimental units are nested within subject.id. (That is, treat is the within-subject factor.)

```
> summary(lme(Y ~ group * treat, random = ~1 | subject.id/treat))
```

Linear mixed-effects model fit by REML

Data: NULL

AIC	BIC	logLik
284.3037	295.3883	-135.1518

Random effects:

Formula: ~1 | subject.id  
(Intercept)

StdDev: 16.22792

Formula: ~1 | treat %in% subject.id  
(Intercept) Residual

StdDev: 2.379018 1.925264

Fixed effects: Y ~ group \* treat

	Value	Std.Error	DF	t-value	p-value
(Intercept)	109.57879	3.660796	18	29.933049	0.0000
group1	-5.83971	3.660796	18	-1.595203	0.1281
treat1	-3.96615	0.483900	18	-8.196209	0.0000
group1:treat1	-0.57053	0.483900	18	-1.179031	0.2537

```

Correlation:
              (Intr) group1 treat1
group1         0
treat1         0      0
group1:treat1 0      0      0

Standardized Within-Group Residuals:
              Min          Q1          Med          Q3          Max
-0.87364564 -0.28043288 -0.01170803  0.34001323  0.76086841

Number of Observations: 40
Number of Groups:
      subject.id treat %in% subject.id
              20              40

> anova(lme(Y ~ group * treat, random = ~1 | subject.id/treat))

```

```

              numDF denDF  F-value p-value
(Intercept)      1    18 895.9874 <.0001
group             1    18  2.5447 0.1281
treat            1    18 67.1778 <.0001
group:treat      1    18  1.3901 0.2537

```

The group effect  $F$  test contains subject-to-subject variability in the denominator of the  $F$ -statistic. Conversely, the treatment effect and group-by-treatment interaction use the ear-within-subject variance in the denominator. Because we have 2 groups (M/F) and 2 treatments (A/B), the denominator degrees of freedom (df) in the anova table are ambiguous about the test construction.

The example below used 3 within-subject treatments. This increases the ear-within-subject df, but leaves the subject df unchanged.

### Three Within-Subject Treatments

Expanding to 3 within-subject treatments (A/B/C) demonstrates that we are getting the appropriate testing terms for between and within factors.

```

> anova(lme(Y.3 ~ group.3 * treat.3, random = ~1 | subject.3/treat.3))

              numDF denDF  F-value p-value
(Intercept)      1    36 917.2470 <.0001
group.3           1    18  3.4478 0.0798
treat.3           2    36 24.2214 <.0001
group.3:treat.3  2    36  3.1722 0.0538

> summary(lme(Y.3 ~ group.3 * treat.3, random = ~1 | subject.3/treat.3))

Linear mixed-effects model fit by REML
Data: NULL
      AIC      BIC    logLik
410.5897 428.4906 -196.2948

Random effects:
Formula: ~1 | subject.3
(Intercept)

```

StdDev: 15.89512

Formula: ~1 | treat.3 %in% subject.3

(Intercept) Residual

StdDev: 3.153954 2.227706

Fixed effects: Y.3 ~ group.3 \* treat.3

	Value	Std.Error	DF	t-value	p-value
(Intercept)	108.69810	3.589044	36	30.286086	0.0000
group.31	-6.66421	3.589044	18	-1.856822	0.0798
treat.31	-3.08545	0.704985	36	-4.376619	0.0001
treat.32	4.84684	0.704985	36	6.875103	0.0000
group.31:treat.31	0.25397	0.704985	36	0.360244	0.7208
group.31:treat.32	1.39503	0.704985	36	1.978814	0.0555

Correlation:

	(Intr)	grp.31	trt.31	trt.32	g.31:.31
group.31	0.0				
treat.31	0.0	0.0			
treat.32	0.0	0.0	-0.5		
group.31:treat.31	0.0	0.0	0.0	0.0	
group.31:treat.32	0.0	0.0	0.0	0.0	-0.5

Standardized Within-Group Residuals:

	Min	Q1	Med	Q3	Max
	-1.06993442	-0.25904233	-0.03955354	0.28738847	1.07343910

Number of Observations: 60

Number of Groups:

subject.3	treat.3	%in%	subject.3
20			60

## Testing Linear Contrasts

Suppose we want to estimate the mean difference “M - F”, and test it is equal to zero?

To get the test statistic, we could look at the overall anova test from above.

Or?

```
> library(gmodels)
> fit.3 <- lme(Y.3 ~ group.3 + treat.3 + group.3:treat.3, random = ~1 |
+   subject.3/treat.3)
> summary(fit.3)
```

Linear mixed-effects model fit by REML

Data: NULL

	AIC	BIC	logLik
	410.5897	428.4906	-196.2948

Random effects:

Formula: ~1 | subject.3  
(Intercept)

StdDev: 15.89512

Formula: ~1 | treat.3 %in% subject.3  
(Intercept) Residual

StdDev: 3.153954 2.227706

Fixed effects: Y.3 ~ group.3 + treat.3 + group.3:treat.3

	Value	Std.Error	DF	t-value	p-value
(Intercept)	108.69810	3.589044	36	30.286086	0.0000
group.31	-6.66421	3.589044	18	-1.856822	0.0798
treat.31	-3.08545	0.704985	36	-4.376619	0.0001
treat.32	4.84684	0.704985	36	6.875103	0.0000
group.31:treat.31	0.25397	0.704985	36	0.360244	0.7208
group.31:treat.32	1.39503	0.704985	36	1.978814	0.0555

Correlation:

	(Intr)	grp.31	trt.31	trt.32	g.31:.31
group.31	0.0				
treat.31	0.0	0.0			
treat.32	0.0	0.0	-0.5		
group.31:treat.31	0.0	0.0	0.0	0.0	
group.31:treat.32	0.0	0.0	0.0	0.0	-0.5

Standardized Within-Group Residuals:

	Min	Q1	Med	Q3	Max
	-1.06993442	-0.25904233	-0.03955354	0.28738847	1.07343910

Number of Observations: 60

Number of Groups:

subject.3	treat.3 %in% subject.3
20	60

```
> fit.contrast(fit.3, "group.3", c(-1, 1))
```

	Estimate	Std. Error	t-value	Pr(> t )
group.3 c=( -1 1 )	13.32843	7.178088	1.856822	0.0797791

```
> fit.contrast(fit.3, "group.3", c(-1, 1), showall = T)
```

	Estimate	Std. Error	t-value	Pr(> t )
(Intercept)	108.6980971	3.5890440	30.2860862	0.000000e+00
group.3 c=( -1 1 )	13.3284297	7.1780881	1.8568217	7.977910e-02
treat.31	-3.0854492	0.7049847	-4.3766189	9.907540e-05
treat.32	4.8468423	0.7049847	6.8751032	4.789961e-08
group.3 c=( -1 1 ):treat.31	-0.5079333	1.4099693	-0.3602442	7.207696e-01
group.3 c=( -1 1 ):treat.32	-2.7900667	1.4099693	-1.9788138	5.552618e-02

```
> fit.contrast(fit.3, "treat.3", c(-1, 0, 1))
```

	Estimate	Std. Error	t-value	Pr(> t )
treat.3 c=( -1 0 1 )	1.324056	1.221069	1.084342	0.2854221

```
> fit.contrast(fit.3, "treat.3", c(-1, 0, 1), showall = T)
```

	Estimate	Std. Error	t-value	Pr(> t )
(Intercept)	108.698097	3.5890440	30.286086	0.000000e+00
group.31	-6.664215	3.5890440	-1.856822	7.977910e-02
treat.3 c=( -1 0 1 )	1.324056	1.2210693	1.084342	2.854221e-01
treat.3 C2	-5.936145	0.8634263	-6.875103	4.789961e-08
group.31:treat.3 c=( -1 0 1 )	-1.902967	1.2210693	-1.558443	1.278771e-01
group.31:treat.3 C2	-1.708560	0.8634263	-1.978814	5.552618e-02

```
> fit.3$contr
```

```
$group.3
```

```
  [,1]
```

```
M    1
```

```
F   -1
```

```
$treat.3
```

```
  [,1] [,2]
```

```
A    1    0
```

```
B    0    1
```

```
C   -1   -1
```

## Model Parameterization

The matrix below shows the model parameterization – the relationship between “cell means” and treatment effects in the model.

Mean	Int	group.3	treat.31	treat.32	grp3:trt31	grp3:trt32
MA	1	1	1	0	1	0
MB	1	1	0	1	0	1
MC	1	1	-1	-1	-1	-1
FA	1	-1	1	0	-1	0
FB	1	-1	0	1	0	-1
FC	1	-1	-1	-1	1	1

We encode this in the model matrix below.

```
> model.mat <- rbind(MA = c(1, 1, 1, 0, 1, 0), MB = c(1, 1, 0,
+ 1, 0, 1), MC = c(1, 1, -1, -1, -1, -1), FA = c(1, -1, 1,
+ 0, -1, 0), FB = c(1, -1, 0, 1, 0, -1), FC = c(1, -1, -1,
+ -1, 1, 1))
```

The `estimable` command estimates the expected value and standard error for each linear combination. Here we compute the cell means.

```
> estimable(fit.3, model.mat)

      Estimate Std. Error  t value DF      Pr(>|t|)
MA  99.20240    5.172667  19.17819  18 1.985079e-13
MB 108.27576    5.172667  20.93229  18 4.396483e-14
MC  98.62349    5.172667  19.06628  18 2.193801e-13
FA 112.02290    5.172667  21.65670  18 2.442491e-14
FB 118.81412    5.172667  22.96961  18 8.881784e-15
FC 115.24992    5.172667  22.28056  18 1.465494e-14
```

Next, we can estimate the “M-F” effect only among the “A” level of treatment.

```
> estimable(fit.3, rbind(`M-F|A` = c(model.mat[1, ] - model.mat[4,
+ ])))
```

```
      Estimate Std. Error  t value DF      Pr(>|t|)
M-F|A -12.8205    7.315255  -1.75257  36 0.08818987
```

Similarly, we can test “M-F” across all levels of the second factor.

```
> estimable(fit.3, rbind(`M-F Effect` = c(0, -2, 0, 0, 0, 0)))
```

```
      Estimate Std. Error  t value DF      Pr(>|t|)
M-F Effect 13.32843    7.178088  1.856822  36 0.07153401
```

Note that this result is identical to what we saw before using `fit.contrast`.

```
> fit.contrast(fit.3, "group.3", c(-1, 1))
```

```
      Estimate Std. Error  t-value Pr(>|t|)
group.3 c( -1 1 ) 13.32843    7.178088 1.856822 0.0797791
```

Finally, we also check the ■A-B■ effect averaged across M and F groups.

```
> estimable(fit.3, rbind(`A-B Effect` = c(0, 0, 1, -1, 0, 0)))
```

	Estimate	Std. Error	t value	DF	Pr(> t )
A-B Effect	-7.932292	1.221069	-6.496185	36	1.517473e-07

Same, using `fit.contrast`.

```
> fit.contrast(fit.3, "treat.3", c(1, -1, 0))
```

	Estimate	Std. Error	t-value	Pr(> t )
treat.3 c( 1 -1 0 )	-7.932292	1.221069	-6.496185	1.517473e-07